

15. Güttersbacher Volkslauf



Klassenliste 10500m Hauptlauf

07.08.2010

| Platz | Name | Verein / Ort | Jg. | Nat. | Rang | MW.P. | Zeit | StNr |
|------------|-------------------------|----------------------------------|-----|------|------|-------|-----------|------|
| M20 | | | | | | | | |
| 1 | Bauer, Jens | TSG Kleinostheim | 82 | GER | 14 | 14 | 42:43,9 | 388 |
| 2 | Herweck, Tim | SM-Club-Annabelle | 81 | GER | 19 | 19 | 43:06,2 | 272 |
| 3 | Flick, Sebastian | LG Odenwald | 90 | GER | 31 | 30 | 44:53,7 | 236 |
| 4 | Weiss, Philipp | LG Odenwald | 90 | GER | 35 | 33 | 46:09,3 | 875 |
| 5 | Kieser, Christian | TV Bad Vilbel | 89 | GER | 36 | 34 | 46:16,6 | 292 |
| 6 | Geisler, Matthias | Erbach | 82 | GER | 69 | 60 | 50:22,8 | 312 |
| 7 | Flick, Andreas | LG Odenwald | 84 | GER | 75 | 65 | 51:05,0 | 235 |
| 8 | Weihrauch, Manuel | Skiclub Güttersbach | 82 | GER | 96 | 80 | 53:32,8 | 866 |
| 9 | Brenner, Marcel | Heidelberg | 83 | GER | 99 | 82 | 53:47,0 | 218 |
| 10 | Liebold, Heiko | LC Michelstadt | 81 | GER | 124 | 104 | 57:05,5 | 207 |
| 11 | Lautenschläger, Steffen | WG-Runners | 82 | GER | 145 | 119 | 59:56,3 | 308 |
| M30 | | | | | | | | |
| 1 | Breitkopf, Patrick | LG Schefflental | 80 | GER | 2 | 2 | 37:57,9 | 389 |
| 2 | Günther, Stefan | TSG Kleinostheim | 79 | GER | 17 | 17 | 43:01,0 | 865 |
| 3 | Anton, Daniel | TSG Momart | 80 | GER | 22 | 22 | 43:31,7 | 283 |
| 4 | Müller, Simon | LKG Lautertal | 79 | GER | 23 | 23 | 43:36,1 | 240 |
| 5 | Fleckenstein, Dustin | KSG Brandau | 80 | GER | 29 | 28 | 44:41,4 | 220 |
| 6 | Müller, Markus | SC Güttersbach | 78 | GER | 105 | 87 | 54:24,7 | 263 |
| 7 | Hemmer, Dominique | RLT Rodgau | 79 | GER | 134 | 110 | 58:16,8 | 861 |
| 8 | Herweck, Stefan | SM-Club-Annabelle | 79 | GER | 135 | 111 | 58:24,9 | 271 |
| M35 | | | | | | | | |
| 1 | Reiser, Jürgen | LGO/SC Beerfelden | 74 | GER | 1 | 1 | 37:06,6 | 399 |
| 2 | Gerbige, Torsten | TV Hetzbach | 75 | GER | 3 | 3 | 38:04,2 | 201 |
| 3 | Planer, Sebastian | Frei-Laufen Rodgau | 75 | GER | 21 | 21 | 43:25,8 | 217 |
| 4 | Schledt, Jochen | VfL Münster | 73 | GER | 42 | 39 | 46:48,5 | 301 |
| 5 | Buchta, Andreas | Ill. BPA Mülheim | 72 | GER | 104 | 86 | 54:18,4 | 219 |
| M40 | | | | | | | | |
| 1 | Schuch, Robert | LAZ Obernburg-Miltenberg | 66 | GER | 4 | 4 | 40:03,0 | 227 |
| 2 | Unger, Marc | SC Güttersbach | 68 | GER | 5 | 5 | 40:40,9 | 203 |
| 3 | Artesero, Marco | Sport & Aktiv Eberbach | 67 | GER | 12 | 12 | 42:16,8 | 375 |
| 4 | Laumann, Jens | TTC Messel | 67 | GER | 16 | 16 | 42:50,8 | 288 |
| 5 | Brantsch, Helge | LT Kocherbach | 67 | GER | 41 | 38 | 46:32,4 | 247 |
| 6 | Engel, Frank | BSG Merck | 67 | GER | 43 | 40 | 46:55,7 | 213 |
| 7 | Väth, Gerd | LG EVO Seligenstadt | 68 | GER | 44 | 41 | 47:09,2 | 387 |
| 8 | Horn, Herbert | LGO/SC Beerfelden | 66 | GER | 46 | 42 | 47:18,3 | 239 |
| 9 | Sattler, Jürgen | Vogelschutz | 68 | GER | 52 | 46 | 48:40,1 | 303 |
| 10 | Helm, Jörg | SM-Club-Annabelle | 66 | GER | 58 | 51 | 49:21,8 | 269 |
| 11 | Unfried, Leonhard | Rimbach | 67 | GER | 63 | 54 | 49:45,7 | 364 |
| 12 | Erle, Michael | KSV Reichelsheim | 68 | GER | 64 | 55 | 49:56,0 | 379 |
| 13 | Kurmies, Michael | LT Fischbachtal | 69 | GER | 65 | 56 | 50:02,8 | 363 |
| 14 | Möldner, Albert | TV Stockheim | 67 | GER | 67 | 58 | 50:07,7 | 298 |
| 15 | Farrenkopf, Markus | FC Boxbrunn | 68 | GER | 71 | 62 | 50:35,4 | 214 |
| 16 | Helm, Udo | LC Michelstadt | 67 | GER | 78 | 67 | 51:21,8 | 208 |
| 17 | Dewald, Michael | Vogelschutz | 69 | GER | 84 | 72 | 52:03,6 | 302 |
| 18 | Busch, Hilmar | LT Darmstadt | 68 | GER | 87 | 74 | 52:18,2 | 376 |
| 19 | Marcmini, Antonio | V-Day | 66 | GER | 93 | 78 | 53:07,5 | 378 |
| 20 | Kemkemer, Gerhard | FC Boxbrunn | 67 | GER | 94 | 79 | 53:17,5 | 215 |
| 21 | Berg, Edwin | SM-Club-Annabelle | 67 | GER | 97 | 81 | 53:36,4 | 268 |
| 22 | Breunig, Klaus | WG-Runners | 68 | GER | 100 | 83 | 53:52,6 | 309 |
| 23 | Bauer, Udo | TSG Kleinostheim | 68 | GER | 108 | 89 | 54:30,6 | 282 |
| 24 | Mitterlehner, Ferdinand | Xy | 66 | GER | 109 | 90 | 54:33,1 | 310 |
| 25 | Hörst, Jürgen | Schneeberg | 70 | GER | 115 | 96 | 55:25,3 | 381 |
| 26 | Bernhard, Stefan | Erbach | 68 | GER | 119 | 99 | 56:09,0 | 867 |
| 27 | Schäfer, Karlheinz | SG Mossautal | 66 | GER | 163 | 127 | 1:03:20,0 | 377 |
| 28 | Kamenjarin, Boscho | SSG Steinbuch Abt. Frohsinn 2003 | 67 | GER | 177 | 140 | 1:06:20,2 | 274 |
| M45 | | | | | | | | |
| 1 | Grohmann, Hans | TV 08 Wersau | 63 | GER | 7 | 7 | 41:19,9 | 202 |
| 2 | Schumacher, Achim | LAZ Mosbach-Elztal | 63 | GER | 8 | 8 | 41:47,0 | 226 |
| 3 | Franz, Engelbert | Marathon Shop Wiesloch | 63 | GER | 9 | 9 | 41:56,6 | 250 |
| 4 | Stojetz, Werner | TSV Aschbach | 64 | GER | 11 | 11 | 42:09,1 | 380 |
| 5 | Kicherer, Frank | TSV Nordheim | 62 | GER | 13 | 13 | 42:26,0 | 393 |
| 6 | Breunig, Herbert | TV 04 Wörth | 61 | GER | 20 | 20 | 43:15,1 | 290 |
| 7 | Hartmann, Holger | LG Reinheim/Roßdorf | 62 | GER | 27 | 26 | 44:17,0 | 871 |

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| Platz | Name | Verein / Ort | Jg. | Nat. | Rang | MW.P. | Zeit | StNr |
|------------|-------------------------|----------------------------------------|-----|------|------|-------|-----------|------|
| M45 | | | | | | | | |
| 8 | Herbold, Stephan | SM-Club-Annabelle | 64 | GER | 30 | 29 | 44:51,1 | 266 |
| 9 | Brand, Dr. Markus | LC Eschborn | 65 | GER | 49 | 45 | 48:05,3 | 372 |
| 10 | Faßhauer, Uwe | LT Darmstadt | 63 | GER | 57 | 50 | 49:20,2 | 385 |
| 11 | Reichert, Manfred | LC Schifferstadt | 65 | GER | 61 | 53 | 49:30,4 | 230 |
| 12 | Alexander, Hans Joachim | Skiclub 1958 Erlenbach am Main | 64 | GER | 73 | 63 | 50:53,8 | 265 |
| 13 | Daum, Jürgen | SC Beerfelden | 64 | GER | 83 | 71 | 51:48,3 | 259 |
| 14 | Edler, Roman | Lauftreff Darmstadt | 65 | GER | 86 | 73 | 52:11,3 | 242 |
| 15 | Kampes, Thomas | Michelstadt | 64 | GER | 110 | 91 | 55:00,2 | 311 |
| 16 | Mayer, Hans-Peter | Argentit Systemberatung | 63 | GER | 112 | 93 | 55:03,4 | 212 |
| 17 | Diester, Thomas | SSC Hanau-Rodenbach | 62 | GER | 126 | 106 | 57:14,9 | 273 |
| 18 | Lang, Hermann | TSV 05 Roth | 62 | GER | 142 | 116 | 59:12,1 | 368 |
| 19 | Scior, Wolfgang | Wanderfreunde Mossautal | 63 | GER | 149 | 122 | 1:00:49,1 | 304 |
| 20 | Dickhaut, Ralf | Mossautal | 62 | GER | 153 | 125 | 1:01:48,5 | 365 |
| 21 | Bolenz, Stefan | LGO/SC Beerfelden | 62 | GER | 167 | 130 | 1:03:59,6 | 397 |
| 22 | Fleck, Carsten | Lauftreff Asbach | 62 | GER | 172 | 135 | 1:04:57,1 | 225 |
| 23 | Clemens, Markus | KSV Reichelsheim | 65 | GER | 173 | 136 | 1:05:37,2 | 400 |
| 24 | Weiss, Steffen | Erbach | 62 | GER | 180 | 141 | 1:06:39,1 | 370 |
| 25 | Pöschel, Armin | LC Michelstadt | 61 | GER | 196 | 149 | 1:14:06,5 | 877 |
| M50 | | | | | | | | |
| 1 | Höfer, Wolfgang | TSG Kleinostheim | 58 | GER | 6 | 6 | 40:53,9 | 281 |
| 2 | Schweitzer, Hans | LC Michelstadt | 56 | GER | 15 | 15 | 42:48,1 | 204 |
| 3 | Schwarz, Reinhold | Michelstadt | 57 | GER | 18 | 18 | 43:02,8 | 369 |
| 4 | Walter, Stefan | LG EVO Seligenstadt | 59 | GER | 24 | 24 | 43:40,8 | 232 |
| 5 | Ripper, Arno | LC Michelstadt | 57 | GER | 28 | 27 | 44:24,1 | 205 |
| 6 | Reichert, Dietmar | Feuerwehr Kahl / Main | 59 | GER | 34 | 32 | 45:45,7 | 391 |
| 7 | Schroth, Wolfgang | LT Großkrotzenburg | 56 | GER | 40 | 37 | 46:31,7 | 245 |
| 8 | Schubart, Manfred | LC Michelstadt | 60 | GER | 47 | 43 | 47:49,7 | 209 |
| 9 | Lukac-Zuscin, Karl | LC Michelstadt | 58 | GER | 48 | 44 | 47:59,0 | 206 |
| 10 | Paul, Gerhard | LGO/SC Beerfelden | 57 | GER | 55 | 48 | 49:02,9 | 237 |
| 11 | Kremer, Andreas | LG EVO Seligenstadt | 58 | GER | 56 | 49 | 49:07,4 | 383 |
| 12 | Czermak, Bernhard | LC Michelbach | 56 | GER | 59 | 52 | 49:22,8 | 371 |
| 13 | Logies, Günther | Rothläufer LC Schloßborn | 58 | GER | 76 | 66 | 51:06,7 | 258 |
| 14 | Tramberend, Dirk | VSF Altheim | 60 | GER | 103 | 85 | 54:10,5 | 394 |
| 15 | Mohr, Reiner | SC Güttersbach | 60 | GER | 113 | 94 | 55:12,6 | 262 |
| 16 | Seip, Wolfgang | TSV Höchst | 58 | GER | 121 | 101 | 56:18,4 | 286 |
| 17 | Adams, Ingo | Weiß-Blau Haibach | 58 | GER | 123 | 103 | 56:39,8 | 306 |
| 18 | Kreiß, Bernd | Lauftreff Asbach | 60 | GER | 128 | 107 | 57:33,7 | 224 |
| 19 | Erzgräber, Dieter | TSV Kirch-Brombach | 56 | GER | 133 | 109 | 58:08,0 | 287 |
| 20 | Geier, Klaus | TSV Mudau | 58 | GER | 143 | 117 | 59:24,6 | 870 |
| 21 | Kappi, Peter | LC Eschborn | 57 | GER | 155 | 126 | 1:01:55,7 | 229 |
| 22 | Leder, Wolfgang | Triathlon Rodgau | 56 | GER | 165 | 128 | 1:03:43,2 | 279 |
| 23 | Hermann, Martin | Heidelberg | 60 | GER | 175 | 138 | 1:05:56,9 | 313 |
| 24 | Träger, Bodo | SG Stern Mannheim | 58 | GER | 185 | 144 | 1:07:53,8 | 264 |
| M55 | | | | | | | | |
| 1 | Dittrich, Joachim | Roadrunner Absteinach | 52 | GER | 25 | 25 | 43:59,0 | 257 |
| 2 | Brunn, Roland | KSV Reichelsheim | 54 | GER | 32 | 31 | 45:03,3 | 222 |
| 3 | Farnung, Wilhelm | KSV Reichelsheim | 54 | GER | 54 | 47 | 48:54,8 | 366 |
| 4 | Nolde, Walter | LT Darmstadt | 51 | GER | 68 | 59 | 50:14,9 | 384 |
| 5 | Müller-Foell, Christoph | MTG Mannheim | 51 | GER | 70 | 61 | 50:28,5 | 251 |
| 6 | Blumenstein, Heinrich | LT Weiterstadt | 53 | GER | 89 | 76 | 52:23,0 | 248 |
| 7 | Jackel, Bernd | RLT Rodgau | 55 | GER | 138 | 113 | 58:37,4 | 254 |
| 8 | Pretsch, Werner | KSG Brandau | 53 | GER | 141 | 115 | 58:55,0 | 221 |
| 9 | Jung, Helmut | RLT Rodgau | 52 | GER | 168 | 131 | 1:04:02,5 | 862 |
| 10 | Hermes, Klaus | RLT Rodgau | 53 | GER | 169 | 132 | 1:04:25,8 | 255 |
| 11 | Landes, Gerhard | TTK Mannheim | 51 | GER | 174 | 137 | 1:05:45,1 | 872 |
| M60 | | | | | | | | |
| 1 | Seipel, Axel | TuS Griesheim | 49 | GER | 37 | 35 | 46:18,5 | 289 |
| 2 | Harth, Dieter | TV Eisenfeld/Laz Obernb.-Miltenberg | 46 | GER | 80 | 68 | 51:36,5 | 294 |
| 3 | Hensen, Helge | LG Mörfelden-Walldorf | 50 | GER | 82 | 70 | 51:45,7 | 233 |
| 4 | Link, Manfred | LT Hemsbach | 46 | GER | 91 | 77 | 52:42,6 | 246 |
| 5 | Bernauer, Bruno | Lauftreff Asbach | 47 | GER | 102 | 84 | 54:03,5 | 223 |
| 6 | Herd, Rudolf | Weinheim | 47 | GER | 116 | 97 | 55:26,6 | 305 |
| 7 | Menzel, Karl-Heinz | LGO/KSV Reichelsheim | 48 | GER | 137 | 112 | 58:35,9 | 238 |

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|------------|----------------------------|---------------------------------|-----------|------------|------------|-----------|------------------|------------|
| M60 | | | | | | | | |
| 8 | Eckert, Hermann | MTG Mannheim | 50 | GER | 197 | 150 | 1:20:19,0 | 252 |
| M65 | | | | | | | | |
| 1 | Grimm, Horst | VfL Münster | 42 | GER | 118 | 98 | 56:06,3 | 299 |
| 2 | Lex, Wolfgang | TV Goldbach | 43 | GER | 120 | 100 | 56:11,7 | 296 |
| 3 | Hastenteufel, Hermann | Mosbach | 43 | GER | 122 | 102 | 56:23,9 | 374 |
| 4 | Schmid, Manfred | SC Beerfelden | 42 | GER | 125 | 105 | 57:12,7 | 260 |
| 5 | Kissenberth, Diethelm | LAZ Obernburg-Miltenberg | 44 | GER | 139 | 114 | 58:45,2 | 327 |
| 6 | Seibold, Jürgen | TV 1878 Groß-Umstadt | 42 | GER | 144 | 118 | 59:39,5 | 291 |
| 7 | Erdenberger, Wolfgang | LT Großkrotzenburg | 45 | GER | 166 | 129 | 1:03:43,6 | 244 |
| 8 | Olt, Georg | TSV Günterfürst | 44 | GER | 170 | 133 | 1:04:43,9 | 285 |
| M70 | | | | | | | | |
| 1 | Klittich, Manfred | TV Bommersheim | 37 | GER | 106 | 88 | 54:26,9 | 293 |
| 2 | Langmaack, Heinz | TGM SV Jügesheim | 38 | GER | 131 | 108 | 57:49,0 | 277 |
| 3 | Schledt, Günter | VfL Münster | 38 | GER | 147 | 120 | 1:00:29,5 | 300 |
| 4 | Hofmann, Wilfried | Michelstadt | 38 | GER | 148 | 121 | 1:00:41,8 | 863 |
| 5 | Speier, Hans | SC Beerfelden | 39 | GER | 176 | 139 | 1:06:16,9 | 261 |
| 6 | Grünig, Wilhelm | LG BEC | 38 | GER | 181 | 142 | 1:06:59,6 | 231 |
| 7 | Semek, Franz | Steinbuch | 39 | GER | 182 | 143 | 1:07:19,1 | 275 |
| 8 | Stenger, Joachim | LTG Eberstadt | 36 | GER | 190 | 147 | 1:08:54,7 | 249 |
| 9 | Flach, Kalli | LT Höchst | 38 | GER | 193 | 148 | 1:11:15,8 | 395 |
| M75 | | | | | | | | |
| 1 | Müller, Hilbert | LAZ Obernburg-Miltenberg | 35 | GER | 152 | 124 | 1:01:44,4 | 228 |
| 2 | Pinnow, Wolfgang | RLT Rodgau | 31 | GER | 186 | 145 | 1:08:01,6 | 256 |
| M80 | | | | | | | | |
| 1 | Schülz, Günter | Bad Soden | 30 | GER | 171 | 134 | 1:04:55,9 | 314 |
| 2 | Klos, Rolf-Gerhard | LLT Wallernhalden | 30 | GER | 198 | 151 | 1:25:40,7 | 241 |
| MJA | | | | | | | | |
| 1 | Gebler, Tim | Skiclub Erlenbach | 91 | GER | 10 | 10 | 42:00,4 | 253 |
| 2 | Birx, Paul | Michelstadt | 92 | GER | 39 | 36 | 46:23,1 | 316 |
| MJB | | | | | | | | |
| 1 | Schreck, Paul | WG-Runners | 93 | GER | 66 | 57 | 50:07,1 | 318 |
| 2 | Gottfried, Julien | RLT Rodgau | 97 | GER | 74 | 64 | 50:59,1 | 398 |
| 3 | Guthier, Cedric | LGO/TSG Bad König | 96 | GER | 81 | 69 | 51:37,4 | 317 |
| 4 | Merz, Aaron | Michelstadt | 95 | GER | 88 | 75 | 52:19,6 | 876 |
| 5 | Mayer, Felix | Skiclub Leimen | 95 | GER | 111 | 92 | 55:02,6 | 243 |
| 6 | Hörst, Andy | Schneeberg | 02 | GER | 114 | 95 | 55:24,5 | 382 |
| 7 | Merz, Vincenz | vielbrunn | 95 | GER | 150 | 123 | 1:00:58,6 | 874 |
| 8 | Helm, Lukas | LC Michelstadt | 95 | GER | 189 | 146 | 1:08:46,4 | 315 |
| W20 | | | | | | | | |
| 1 | <i>Schöpfer, Nadine</i> | <i>LG Odenwald</i> | <i>90</i> | <i>GER</i> | <i>92</i> | <i>15</i> | <i>52:52,0</i> | <i>336</i> |
| 2 | <i>Vierling, Barbara</i> | <i>Bad König</i> | <i>82</i> | <i>GER</i> | <i>98</i> | <i>17</i> | <i>53:42,9</i> | <i>357</i> |
| 3 | <i>Naas, Franziska</i> | <i>Freiburg</i> | <i>88</i> | <i>GER</i> | <i>136</i> | <i>25</i> | <i>58:27,9</i> | <i>868</i> |
| 4 | <i>Gebhardt, Mathilde</i> | | <i>81</i> | <i>GER</i> | <i>161</i> | <i>35</i> | <i>1:03:01,9</i> | <i>361</i> |
| W30 | | | | | | | | |
| 1 | <i>Jägemann, Nora</i> | <i>Lang Lauf Jüenheim</i> | <i>79</i> | <i>GER</i> | <i>26</i> | <i>1</i> | <i>44:03,8</i> | <i>331</i> |
| 2 | <i>Aschinger, Tina</i> | <i>Odenwälder Rennschnecken</i> | <i>79</i> | <i>GER</i> | <i>154</i> | <i>29</i> | <i>1:01:49,1</i> | <i>360</i> |
| 3 | <i>Wagner, Susanne</i> | <i>Frankfurt am Main</i> | <i>78</i> | <i>GER</i> | <i>156</i> | <i>30</i> | <i>1:02:17,6</i> | <i>873</i> |
| 4 | <i>Bernauer, Sonja</i> | <i>Lauftreff Asbach</i> | <i>78</i> | <i>GER</i> | <i>160</i> | <i>34</i> | <i>1:02:48,9</i> | <i>333</i> |
| 5 | <i>Erdenberger, Judith</i> | <i>LT Großkrotzenburg</i> | <i>79</i> | <i>GER</i> | <i>162</i> | <i>36</i> | <i>1:03:03,9</i> | <i>339</i> |
| W35 | | | | | | | | |
| 1 | <i>Weber, Christiane</i> | <i>LC Michelstadt</i> | <i>71</i> | <i>GER</i> | <i>90</i> | <i>14</i> | <i>52:23,6</i> | <i>325</i> |
| 2 | <i>Schmidt, Christina</i> | <i>TV Hergershausen</i> | <i>73</i> | <i>GER</i> | <i>101</i> | <i>18</i> | <i>54:02,9</i> | <i>354</i> |

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|------------|---------------------|--------------------------|-----|------|------|-------|-----------|------|
| W40 | | | | | | | | |
| 1 | Horn, Ute | LGO/SC Beerfelden | 68 | GER | 45 | 4 | 47:17,5 | 322 |
| 2 | Fendrich, Susanne | Rimbach | 68 | GER | 53 | 7 | 48:52,0 | 344 |
| 3 | Linse, Stephanie | LT Hemsbach | 67 | GER | 62 | 9 | 49:38,6 | 392 |
| 4 | Heinold, Andrea | TV Hergershausen | 68 | GER | 79 | 12 | 51:24,2 | 353 |
| 5 | Paul, Monika | LGO/SC Beerfelden | 66 | GER | 95 | 16 | 53:28,0 | 324 |
| 6 | Logies, Nicole | Rothläufer LC Schloßborn | 66 | GER | 130 | 23 | 57:43,6 | 347 |
| 7 | Neubecker, Katja | Frei-Laufen Rodgau | 69 | GER | 157 | 31 | 1:02:24,9 | 329 |
| 8 | Klittich, Kristina | LG Zotzenbach | 66 | GER | 159 | 33 | 1:02:39,6 | 337 |
| 9 | Ruff, Sabine | Odenwälder Rennschnecken | 69 | GER | 164 | 37 | 1:03:30,3 | 342 |
| 10 | Ruppert, Petra | LT Großkrotzenburg | 69 | GER | 184 | 41 | 1:07:42,1 | 340 |
| 11 | Heilmann, Sonja | Hetzbach | 70 | GER | 192 | 45 | 1:09:02,8 | 359 |
| W45 | | | | | | | | |
| 1 | Hock, Stefanie | ASC Darmstadt | 63 | GER | 33 | 2 | 45:28,6 | 320 |
| 2 | Ihrig, Marion | TSV Höchst | 62 | GER | 50 | 5 | 48:07,5 | 352 |
| 3 | Winkler, Claudia | LT Darmstadt | 63 | GER | 60 | 8 | 49:24,8 | 386 |
| 4 | Schweizer, Sonja | TSG Kleinostheim | 65 | GER | 72 | 10 | 50:47,0 | 373 |
| 5 | Leitmaier, Martina | Marathon Shop Wiesloch | 64 | GER | 77 | 11 | 51:12,2 | 321 |
| 6 | Kreiß, Doris | Lauftreff Asbach | 62 | GER | 85 | 13 | 52:09,4 | 334 |
| 7 | Horak, Martina | LT Hemsbach | 63 | GER | 127 | 21 | 57:15,5 | 390 |
| 8 | Reinhard, Elke | LGO/SC Beerfelden | 65 | GER | 129 | 22 | 57:36,2 | 323 |
| 9 | Arman, Hayal | LG EVO Seligenstadt | 62 | GER | 140 | 26 | 58:51,5 | 335 |
| 10 | Plößer, Sabine | TV Hergershausen | 64 | GER | 146 | 27 | 1:00:27,0 | 396 |
| 11 | Christ, Dr. Claudia | Xy | 64 | GER | 187 | 42 | 1:08:23,6 | 356 |
| 12 | Dorow, Sybille | Frei-Laufen Rodgau | 64 | GER | 195 | 47 | 1:12:28,7 | 328 |
| W50 | | | | | | | | |
| 1 | Höfer, Ingrid | TSG Kleinostheim | 58 | GER | 107 | 19 | 54:28,8 | 350 |
| 2 | Niemeyer, Andrea | Odenwälder Rennschnecken | 58 | GER | 117 | 20 | 55:47,5 | 343 |
| 3 | Jackel, Claudia | RLT Rodgau | 58 | GER | 132 | 24 | 57:52,6 | 346 |
| 4 | Wichmann, Elke | LT Großkrotzenburg | 59 | GER | 151 | 28 | 1:01:09,9 | 367 |
| 5 | Hoffmann, Anne | TSV Höchst | 60 | GER | 183 | 40 | 1:07:27,6 | 351 |
| 6 | Schroth, Gabriele | LT Großkrotzenburg | 58 | GER | 188 | 43 | 1:08:35,9 | 338 |
| 7 | Harsch, Brigitte | Erbach | 60 | GER | 191 | 44 | 1:09:00,1 | 362 |
| W55 | | | | | | | | |
| 1 | Kolb, Uschi | SC Steinberg | 54 | GER | 51 | 6 | 48:35,7 | 348 |
| 2 | Bernauer, Elisabeth | Lauftreff Asbach | 53 | GER | 158 | 32 | 1:02:39,2 | 332 |
| 3 | Kraus, Ursula | RLT Rodgau | 51 | GER | 194 | 46 | 1:12:03,9 | 345 |
| W65 | | | | | | | | |
| 1 | Stenger, Dagmar | LTG Eberstadt | 44 | GER | 178 | 38 | 1:06:21,5 | 341 |
| 2 | Haneke, Heide | TSV Aschbach | 43 | GER | 179 | 39 | 1:06:27,7 | 869 |
| WJB | | | | | | | | |
| 1 | Elfers, Margit | TSV Erbach | 93 | GER | 38 | 3 | 46:19,8 | 319 |